

# TANTRUM VS AUTISM MELTDOWN

## Tantrum

- "Want" directed
- Goal/Control Driven
- Audience to perform
- Checks engagement
- Protective mechanisms
- Resolves if goal is accomplished

**AGE: 1 to 5 years**



[www.autism-daddy.blogspot.com](http://www.autism-daddy.blogspot.com)  
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## Autism Meltdown

- Overstressed/ Overwhelmed
- Reactive mechanism
- Continues without attention
- Safety may be compromised
- Fatigue
- Not goal dependent
- May require assistance to gain control

**AGE: Through Adulthood**